



Summer Camp 2017

Dear Whitewater/Kayak Camper:

Welcome to the highlight of your summer! Here is some information for you to be better prepared for a wonderful week.

Your itinerary includes adventures on three different rivers. Monday will be spent orientating and practicing kayak techniques at Southern Adventist University's pool and running the Challenge Course as we prepare for a great week of kayaking. Tuesday will find us kayaking the Conasauga River, near Cleveland, TN. Wednesday we'll run the Cartacay near Ellijay, GA. Thursday we'll run the Nantahala, near Bryson City, NC. Friday we'll spend the day whitewater rafting on the Ocoee River! Then it's back to Cohutta Springs Youth Camp where we'll spend a great weekend together.

Cohutta Springs will provide all of the non-personal items that you will need to have a super week. In addition to the packing list in the "Parent Pak" here are few additional items you will need:

- Sandals with straps or water shoes (no flip flops)
- Two or more modest Swimsuits (no 2 pieces)
- Waterbottle, chapstick, sunscreen, bugspray (these items are available in the camp store)

Also, if you have a kayak or any kayaking gear and are able to bring them with you, please call our office so we know how many kayaks we will need to plan for.

Your parent needs to sign the attached waiver from Cascade Outdoors, our white water rafting company, and Nantahala Outdoor Center. **Bring both of these forms with you to Camper Check-In.**

For your peace of mind, Whitewater/Kayak Camp has certified Lifeguards on staff with current CPR & First Aid certification. 911 EMS response is approximately 25 minutes to our RAD Camp location.

If you have any questions call our Calhoun office at 706-602-7346. We are looking forward to seeing you at Whitewater/Kayak Camp this summer!

Sincerely,

Rob Lang
Camp Director